

OBC LCM 2026: Session: 5: COACH evaluation sheet for TEAM: AQUABLA

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Smet Grégory HEADCOACH

Coaches: Massart Sébastien

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 31: 200M BUTTERFLY WOMEN Heat:3, starttime: 09:20

Heat: 3/4 Lane : 2 Athlete: MANISE NAËLLE Q-time: 02:32:15

PB (50m pool): no time PB (25m pool): no time SB: no time

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
	.	.	.	.	

Coach feedback:

Event number: 31: 200M BUTTERFLY WOMEN Heat:3, starttime: 09:20

Heat: 3/4 Lane : 3 Athlete: LHOIR ELOÏSE Q-time: 02:27:37

PB (50m pool): no time PB (25m pool): no time SB: no time

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
	.	.	.	.	

Coach feedback:

Event number: 33: 100M BACKSTROKE WOMEN Heat:4, starttime: 09:53

Heat: 4/10 Lane : 7 Athlete: HARDACRE JULIETTE Q-time: 01:10:43

PB (50m pool): no time PB (25m pool): no time SB: no time

	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
	.	.	

Coach feedback:

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Event number: 35: 200M BREASTSTROKE WOMEN					Heat:4, starttime: 10:27
Heat: 4/5 Lane : 1 Athlete: LHOIR ELOÏSE					Q-time: 02:45:67
PB (50m pool): no time					PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 39: 400M FREESTYLE WOMEN							Heat:2, starttime: 11:22	
Heat: 2/3 Lane : 3 Athlete: DECRAENE SIOBAN							Q-time: 04:23:63	
PB (50m pool): no time			PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							
								

Coach feedback:

Event number: 39: 400M FREESTYLE WOMEN							Heat:3, starttime: 11:27	
Heat: 3/3 Lane : 1 Athlete: DECRAENE SATHEEN							Q-time: 04:31:23	
PB (50m pool): no time			PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							
								

Coach feedback: